

RAMADHĀN TIMETABLE

ISLAMIC YEAR: 1440

GREGORIAN YEAR: 2019

VIRTUES & RULINGS OF RAMADHĀN

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VIRTUES OF RAMADHĀN

Salman Farsi ؓ reports that Prophet Muhammad ﷺ delivered a lecture on the final day of Sha'bān in which he stated, 'O People! A great month is upon you. It is a blessed month. It contains a night which is equivalent in virtue to the (worship of a) thousand months.

Allah ﷻ has made compulsory the fasting of this month and the performance of optional Salāh therein is a means of acquiring much reward. An optional act becomes comparable to a compulsory act outside of Ramadhān and a compulsory deed is comparable to seventy compulsory deeds outside of Ramadhān.

This is the month of patience and the reward of patience is Paradise. This is also the month of compassion. During this month, sustenance for believers is also increased.

If a person provides for the breaking of fast for another then Allah ﷻ will reward him with forgiveness of sins and safety from Hell. This will in no way decrease the reward of the fasting person. We (the Sahābah ؓ) commented, 'O Prophet of Allah ﷺ, not each and every one of us possesses the means to feed a fasting person (a full meal)...' Prophet Muhammad ﷺ responded, 'Allah ﷻ gives the same reward to one who feeds the fasting person a sip of milk, a dry date or even a sip of water (to break his fast). Whoever feeds a fasting person to his fill, Allah ﷻ will reward him with a drink from my fountain; the effect of which will be that he will thereafter not experience thirst until he enters Paradise.

The first part of this month is an occasion to benefit from the Mercy of Allah ﷻ, the middle portion to benefit from Forgiveness of Allah ﷻ and the final portion to seek Freedom from Hell-fire.

Whoever decreases the burden from his employees or servants in this month will be rewarded with forgiveness from Allah ﷻ for his misdeeds and shielded from the fire of Hell.

RULINGS AND INJUNCTIONS

- Fasting is one of the foundation pillars of Islam and is compulsory upon every sane, mature, able Muslim male and female.
- Parents who discourage or forbid their mature offspring's from fasting commit a major sin and acquire the wrath of Allah ﷻ.
- One who denies the compulsory nature of fasting or refers to it in a derogatory or sarcastic manner leaves the fold of Islam. A person who does not fast without a valid reason will be guilty of disobedience to Allah ﷻ.
- Reverence for the month of Ramadhān is compulsory. Hence those who are exempt from fasting are also forbidden from consuming food and drink in public.
- Those excused from fasting due to old age and inability to fast due to persistent medical condition must pay *Fidyah* (compensation) for all fasts missed. If after having given compensation they recover or develop the ability to fast then the fasts will need to be kept. In this situation the previously paid compensation will be considered optional charity donation.
- *Fidyah* (Compensation) for missing a single fast is to give 1.6kg of wheat, its equivalent flour or its value in money to the poor.
- If a person is fearful of falling ill due to fasting or; fears the severity of an illness increasing or lengthening; or a pregnant or breast-feeding lady fears for her health or the health of her child or; a person experiences unbearable amount of hunger or thirst; under these circumstances they will be permitted not to fast or to break a fast.
- In the condition of travelling, a person is permitted not to fast. However, without a valid reason one should not break a fast which has already started.
- Ladies are prohibited from fasting during *Haidh* (menstruation) and *Nifās* (post-natal bleeding). These

fasts will need to be kept after the month of Ramadhān.

ACTIONS WHICH BREAK THE FAST

- Considering the time for Suhoor to be later, a person partook of food or drink and only realised later that time for Suhoor had expired, or a person broke his fast thinking that the sun had set when in reality it had not.
- Whilst gargling the mouth, water travelled down the throat.
- Whilst cleaning the nose, water is drawn up into the head.
- Vomiting a mouthful intentionally.
- To place medication into the ear or the nose.
- Ejaculating due to foreplay or stimulation.
- To swallow such an item which is not normally consumed by a human.

Note: Fasts which are broken in the above mentioned situations will need to be kept again after the month of Ramadhān. However, if a person intentionally eats, drinks, smokes a cigarette or cohabits in the condition of fasting, alongside repeating the fast, he/she will also need to carry out *kaffārah* (major compensation). *Kaffārah* is that a person fasts for 60 consecutive days one after the other. If he cannot do so, he must feed 60 poor people two meals. He may alternatively donate 96kg of wheat, its equivalent of flour or value in money to the poor.

ACTIONS WHICH MAKE A FAST DEFECTIVE (MAKRUH)

- To chew or taste without swallowing.
- To clean the teeth with toothpaste.
- To have cupping carried out on the body.
- To involve oneself in sexual stimulation.
- To disobey Allah ﷻ. (e.g. to miss Salāh, Congregational Salāh, involve oneself in unlawful transactions, shave or trim the beard less than the compulsory amount, back-biting or futile talk etc.) Even though such a fast will be considered performed, it will not bring a person any reward or benefit.

ACTIONS WHICH NEITHER BREAK NOR MAKE DEFECTIVE A FAST

- To chew food to feed a child if need be or to taste the amount of salt placed in food and thereafter to spit out.
- To place medication or Surma into the eyes.
- To smell perfume.
- To take an injection.
- To eat or drink accidentally.
- For water to enter the ear accidentally.
- To accidentally vomit even though it may be a mouthful.
- To accidentally inhale smoke from a cigarette or dust.

TARĀWEEH

- Performing 20 Rakāt Tarāweeh Salāh is *Sunnah Mu'ak'adah* upon every mature male and female. Performance of any amount less than 20 Rakāt, will not be considered *Sunnah*.
- Menfolk of the locality must perform Tarāweeh Salāh with such a congregation in which at least one full completion of the Qur'ān is made.
- For womenfolk, it is neither *Sunnah Muak'adah* to perform Tarāweeh Salāh with congregation or to complete a full recitation of the Qur'ān in this Salāh. Rather, they should perform Salāh individually at home. To leave the home and join gatherings in various Masājid is *Makrooh-e-Tahreemi* (strictly undesirable).
- A *Hāfiz* who seeks financial remuneration for recitation of the Qur'ān in Tarāweeh Salāh or despite being warned involves himself in open disobedience to Allah ﷻ is termed as *Fāsiq* (open sinner). Performing Salāh behind a *Fāsiq* is *Makrooh-e-Tahreemi* (strictly undesirable). Hence, if a Masjid is unable to find a pious *Hāfiz* then Tarāweeh Salāh should be performed behind a pious non-Hāfiz.

SEHRI AND IFTĀRI TIMES

| ISLAMIC DATE | GREGORIAN DATE | DAY | SEHRI END | IFTĀRI |
|--------------|----------------|-----|-----------|--------|
| - | 5 | SUN | 3:41 | 8:46 |
| 1 | 6 | MON | 3:38 | 8:48 |
| 2 | 7 | TUE | 3:35 | 8:49 |
| 3 | 8 | WED | 3:33 | 8:51 |
| 4 | 9 | THU | 3:30 | 8:53 |
| 5 | 10 | FRI | 3:28 | 8:54 |
| 6 | 11 | SAT | 3:25 | 8:56 |
| 7 | 12 | SUN | 3:22 | 8:57 |
| 8 | 13 | MON | 3:20 | 8:59 |
| 9 | 14 | TUE | 3:17 | 9:01 |
| 10 | 15 | WED | 3:15 | 9:02 |
| 11 | 16 | THU | 3:12 | 9:04 |
| 12 | 17 | FRI | 3:10 | 9:05 |
| 13 | 18 | SAT | 3:07 | 9:07 |
| 14 | 19 | SUN | 3:05 | 9:08 |
| 15 | 20 | MON | 3:02 | 9:10 |
| 16 | 21 | TUE | 3:00 | 9:11 |
| 17 | 22 | WED | 2:58 | 9:13 |
| 18 | 23 | THU | 2:55 | 9:14 |
| 19 | 24 | FRI | 2:53 | 9:16 |
| 20 | 25 | SAT | 2:51 | 9:17 |
| 21 | 26 | SUN | 2:49 | 9:18 |
| 22 | 27 | MON | 2:46 | 9:20 |
| 23 | 28 | TUE | 2:44 | 9:21 |
| 24 | 29 | WED | 2:42 | 9:22 |
| 25 | 30 | THU | 2:40 | 9:23 |
| 26 | 31 | FRI | 2:38 | 9:24 |
| 27 | 1 June | SAT | 2:36 | 9:26 |
| 28 | 2 | SUN | 2:34 | 9:27 |
| 29 | 3 | MON | 2:32 | 9:28 |
| 30 | 4 | TUE | 2:31 | 9:29 |

PLEASE NOTE: 10 MINUTES HAVE BEEN DEDUCTED FROM DAWN (SUBH-SĀDIQ) AS A SAFETY CONTINGENCY. START & END OF RAMADHĀN WILL BE ACCORDING TO WHEN NEW MOON IS SIGHTED.

EID-UL FITR SALĀH TIMES:

FIRST SALĀH: 5:15AM • SECOND SALĀH: 9:30AM
(URDU SPEECH: 4:45AM) • (ENGLISH SPEECH: 9:00AM)

INTENTION FOR FASTING

وَبِصَوْمٍ غَدٍ نَّوَيْتُ مِنْ شَهْرِ رَمَضَانَ

DU'AA AT TIME OF IFTĀR

اللَّهُمَّ لَكَ صُئْتُ وَ عَلَى رِزْقِكَ أَفْطَرْتُ

DU'AA TO BE RECITED AFTER IFTĀR

ذَهَبَ الظَّمَأُ وَ ابْتَلَّتِ العُرُوقُ

وَ تَبَّتِ الأَجْرُ إِنشَاءَ اللّٰهُ

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